

# Its Sport Relief Weekend

March 20<sup>th</sup> Start 12.30pm



## Paddle Power

## Are You Mile Fit

### Paddle your socks off and earn a new pair

### Enter the Mile around the Creek Challenge

Entry £5.00 in support of Sport Relief

All profits will be donated in support of Sport Relief estimated minimum of 50% of entry.

To Register Contact

Jan & Richard

02380 842801

For more details visit the Web Site

[www.ashlettsc.com](http://www.ashlettsc.com)



'In support of Sport Relief, an initiative of Comic Relief, registered charity 326568 (England/Wales); SC039730 (Scotland)'

# Mile around the Creek Challenge

**The Challenge** is to paddle or row your craft around a mile course set within the safe waters of Ashlett Creek.

## **Entry Donation £5.00 per person.**

We will take minimal costs out of this and it is estimated that at least 50% will be donated in Support of Sport Relief

## **Refreshments**

A warming mug of soup and Sausage Roll will be waiting for you in the club house after you have completed the challenge.

## **Your Reward**

You will have earned your Sport Relief socks, these will be available to those who have registered their intention to take part and paid their £5.00 by the **16<sup>th</sup> of March**. 50% of the cost of Sport Relief socks goes to Sport Relief.

Members are welcome to come and take part on the day but because we have to purchase socks in advance they will only be available to those who have registered and paid or pledged their £5.00

## **The official Bit : Conditions of Participation**

This event is open to Ashlett Sailing Club members and their families, young people under the age of 18 are welcome but must be accompanied by their parents or guardian who will be responsible for their safety and behaviour during the event.

Members will provide and be responsible for their own “person powered” water craft in/on which to take part.

Buoyancy aids must be worn at all times on the water.

It is only March so please wear appropriate clothing and if you become tired or cold come ashore and warm up regardless of where you are on your mile challenge. We will stay in the safe waters of the creek so the clubhouse will always be within easy reach.

If you would like to raise your own sponsorship the details and sponsor forms are on the Sport Relief Web site [www.sportrelief](http://www.sportrelief). There is also an array of merchandise available.

**To register contact Jan Pond or Richard Biggs Tel: 023 80 842801**  
**Don't forget to tell us your sock size.**